CATERING MENU

Let us deliver the same Las Olas experience in your home or office. Speak to our managers at any location to customize our menu to your needs.

Make Your Own Taco Bar! All the great flavors of Las Olas, customized to your guests' liking!

Custom menus can include:
Catering Bowls
Catering Salads
Mini Burrito Platters
Taco Bar
Catering Homemade Chips
Catering Sizes of Salsas and Guacamole

Speak to our management team to put together an affordable meal for your guests or reward your staff with their favorite lunch!

TACO BAR

Customize your fiesta with a Las Olas Taco Bar. Set up at your office, home, or picnic! Speak to a manager to make your next party special.

OUR INGREDIENTS

At Las Olas, we believe in fresh, simple ingredients that you can love. Create your own meal while we prepare it with our daily made sauces, salsas, and guacamole. Taste the difference.

Our healthy, homemade Latin food includes locally-raised meat, such as chorizo from Kellie Brook Farm in neighboring Greenland, NH.

Gluten Free (other than flour tortilla)

Vegan and vegetarian when you want it to be. Our beans and rice are 100% vegetarian without the use of lard, MSG, or meat-based stock.

BEFORE PLACING YOUR ORDER, PLEASE INFORM US IF A PERSON IN YOUR PARTY HAS A FOOD ALLEGY.

Our products may contain wheat, egg, dairy, soy, or fish allergens. In addition, our products may be processed in facilities that process tree nuts and peanuts.

Foods prepared at Las Olas may contain or may have come in contact with: EGGS, DAIRY, WHEAT, SOY, PEANUTS, TREE NUTS, FISH, AND SHELLFISH. Please request to speak to management if you have any concerns or questions. Las Olas does not guarantee that cross contact of allergens will not occur.

SOCIAL

Follow Las Olas for information on giveaways, raffles, news, and hours of operation.

FACEBOOK: facebook.com/LasOlasTaqueria

INSTAGRAM: @las_olas_taqueria

WEBSITE: www.lasolastaqueria.com

LOCALLY OWNED, LOCALLY ROLLED

LAS OLAS TAQUERIA

30 Portsmouth Ave, Exeter, NH 03833
603 • 418 • 8901

356 Lafayette Rd, Hampton, NH 03842
603 • 967 • 4880

1517 Post Rd, Wells, ME 04090
207 • 216 • 9711

lasolastaqueria.com
@las_olas_taqueria • info@lasolastaqueria.com

BURRITOS

Flour tortilla with rice, beans, lettuce, pico de gallo, cheese, sour cream, choice of salsa, fresh cilantro, and lime.

Bean $7.19	Vegetarian $7.69
Chicken $8.09	Pork $8.09
Ancho Beef $8.09	Steak $8.59
Chorizo $8.59	

TACOS

Soft flour, soft corn, or hard corn tortilla with lettuce, cheese, pico de gallo, choice of salsa, fresh cilantro and lime.

Bean $2.99	Vegetarian $3.39
Chicken $3.79	Pork $3.79
Ancho Beef $3.79	Steak $3.99
Chorizo $3.99	

BOWLS

Bed of rice with beans, lettuce, pico de gallo, cheese, sour cream, choice of salsa, fresh cilantro and lime.

Bean $7.19	Vegetarian $7.69
Chicken $8.09	Pork $8.09
Ancho Beef $8.09	Steak $8.59
Chorizo $8.59	

CHILDREN'S MEAL

Cheese quesadilla or taco with choice of beans, rice, or chips and juice box. $4.89

QUESADILLAS

Monterey jack quesadilla topped with rice, beans, pico de gallo, lettuce, sour cream, cheese, choice of salsa, fresh cilantro and lime.

Bean $7.39	Vegetarian $7.99
Chicken $8.29	Pork $8.29
Ancho Beef $8.29	Steak $8.79
Chorizo $8.79	

SALADS

Bed of lettuce with beans, rice, pico de gallo, cheese, sour cream, guacamole, fresh cilantro, and our citrus lime dressing.

Bean $7.39	Vegetarian $8.49
Chicken $8.99	Pork $8.99
Ancho Beef $8.99	Steak $9.39
Chorizo $9.39	

NACHOS

Large plate of homemade corn tortilla chips covered with cheese, beans, pico de gallo, sour cream, and guacamole.

Bean $7.69	Vegetarian $8.39
Chicken $8.59	Pork $8.59
Ancho Beef $8.59	Steak $9.29
Chorizo $9.29	

Plus NH or ME meals tax
Menu Items are subject to change

SIDES

Chips and Pico de Gallo	$3.69
Chips and Guacamole	$4.99
Chips	$2.69
Pico de Gallo/Salsa	$1.89/$2.39
Guacamole	$2.59/$5.09
Pineapple Salsa	$2.59/$5.09
Vegetables	$1.39/$2.39
Rice	$2.49
Beans	$2.49
Rice and Beans	$2.49
Cheese Quesadilla	$3.59
Corn Quesadilla	$2.59
Cheese Nachos	$4.79

EXTRAS

Mushrooms/Sweet Potatoes	$.89/$1.19
Fajita Vegetables	$.89/$1.19
Guacamole	$1.29/$1.69
Extra Meat	$2.89
Tortilla	$.99
Extras	$.49

BEVERAGES

Fountain Drinks	$1.99
Bottled Drinks	$1.79/$2.29/$2.49
Maine Root	$2.89
Imported or Craft Beers	$4.29
Domestic Beer	$3.89
José Cuervo Gold Margarita	$6.99
Mojito	$6.99